

CALOMEL SICKENS! IT SALIVATES! DON'T STAY BILIOUS, CONSTIPATED

I Guarantee "Dodson's Liver Tone" Will Give You the Best Liver and Bowel Cleansing You Ever Had—Don't Lose a Day's Work!

Calomel makes you sick; you lose a day's work. Calomel is quicksilver and it salivates; calomel injures your liver.

If you are bilious, feel lazy, sluggish and all knocked out, if your bowels are constipated and your head aches or stomach is sour, just take a spoonful of harmless Dodson's Liver Tone instead of using sickening, salivating calomel. Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working. You'll be cheerful; full of vigor and ambition.

Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone

under my personal guarantee that it will clean your sluggish liver better than nasty calomel; it won't make you sick and you can eat anything you want without being salivated. Your druggist guarantees that each spoonful will start your liver, clean your bowels and straighten you up by morning or you can have your money back. Children gladly take Dodson's Liver Tone because it is pleasant tasting and doesn't gripe or cramp or make them sick.

I am selling millions of bottles of Dodson's Liver Tone to people who have found that this pleasant, vegetable, liver medicine takes the place of dangerous calomel. Buy one bottle on my sound, reliable guarantee. Ask your druggist or storekeeper about me. Adv.

Four Claim Title.

At least four sovereigns lay claim to the title of "king of Jerusalem," namely, the sultan of Turkey, the emperor of Austria, the king of Spain and the former king of Portugal.

Quite So.

"The steward of our club gives us nothing to complain of."
"That must make things dull for the members, eh, what?"—Louisville Courier-Journal.

Timely Advice.

"I feel that I am going all to pieces."
"Then pull yourself together."

For any sore—Hanford's Balsam. Adv.

Everybody's business is the gossip's business.

Stop That Ache!

Don't worry about a bad back. Get rid of it. Probably your kidneys are out of order. Resume sensible habits and help the kidneys. Then, kidney backache will go; also the dizzy spells, lameness, stiffness, tired feelings, nervousness, rheumatic pains and bladder troubles. Use Doan's Kidney Pills. Thousands recommend them.

A South Carolina Case

Mrs. L. F. Taylor, Ford St., Mullins, S. C., says: "My back ached and pained right across my kidneys. I had secretions from my kidneys passed irregularly and contained sediment. I had attacks of kidney colic and suffered awfully. Friends recommended Doan's Kidney Pills and I used some. They relieved all symptoms of kidney trouble and I am glad to recommend them."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Delicate Woman Is Truly Grateful For Stella Vitae

Mrs. Paralee Frazier, of Longview, Tex., who had been in bad health for two years, writes this heartfelt letter in behalf of this great preparation for women.

"I have taken a few bottles of STELLA VITAE and am now almost well from a long illness of sickness. I cannot say too much for this wonderful medicine. I had taken other female medicines for years with no good results. I am truly grateful for the good Stella Vitae has done for me."

MRS. PARALEE FRAZIER.
STELLA VITAE is guaranteed. If you are not benefited with the first bottle, your money back if you want it. Do not delay. Begin taking it now. At your dealers' in \$1 bottles.

THACHER MEDICINE CO., CHATTANOOGA, TENN.

KIDNEY TROUBLE

Is a deceptive disease—thousands have and don't know it. If you want good results you can make no mistake by using Dr. Kilmer's Swamp-Root, the great kidney remedy. At druggists in fifty-cent and dollar sizes. Sample size bottle by Parcel Post, also pamphlet telling you about it. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents, also mention this paper.

DR. SALTER'S EYE LOTION CURES SORE EYES

Relieves, cures sore, inflamed eyes in 24 to 48 hours. Helps weak eyes, curing without pain. Ask druggist for details. For KALTER'S—only from REFORM DISPENSARY, 88 S. Broad, ATLANTA, GA.

Beware of Imitations

CALL FOR Lookout Biscuit

STANDARD OF EXCELLENCE
SOUTHOOST BAKERY
CHATTANOOGA, TENN.

APPENDICITIS

You have been threatened or have GALLSTONES, WHISTLING, GAS or pains in the RIGHT FREE. Write for valuable Book of Information.
A. BOWKINS, M.D., 7-9, 219 S. Dearborn St., CHICAGO

W. N. U., CHARLOTTE, NO. 30-1916

Common American Birds

Interesting information about them supplied by the Bureau of Biological Survey of the United States Department of Agriculture

Meadowlark

Sturnella magna and *Sturnella neglecta*

Length, about ten and three-fourths inches.

Range: Breed generally in the United States, southern Canada, and Mexico to Costa Rica; winter from the Ohio and Potomac valleys and British Columbia southward.

Habits and economic status: Our two meadowlarks, though differing much in song, resemble each other closely in plumage and habits. Grassy plains and uplands covered with a thick growth of grass or weeds, with nearby water, furnish the conditions best suited to the meadowlark's taste. The song of the western bird is loud, clear, and melodious. That of its eastern relative is feebler and loses much by comparison. In many localities the meadowlark is classed and shot as a game bird. From the farmer's standpoint this is a mistake, since its value as an insect eater is far greater than as an object of pursuit by the sportsman. Both the boll weevil, the

the crop, and in spite of constant watchfulness and innumerable devices for scaring the birds a loss of 10 per cent of the rice is the usual result.

White-Breasted Nuthatch

Sitta carolinensis

Length, six inches. White below, above gray, with a black head.

Range: Resident in the United States, southern Canada, and Mexico.

Habits and economic status: This bird might readily be mistaken by a careless observer for a small woodpecker, but its note, an oft-repeated yank, is very unwoodpeckerlike, and, unlike either woodpeckers or creepers, it climbs downward as easily as upward and seems to set the laws of gravity at defiance. The name was suggested by the habit of wedging nuts, especially beechnuts, in the crevices of bark so as to break them open by blows from the sharp, strong bill. The nuthatch gets its living from the trunks and branches of trees, over which it creeps from daylight to dark. Insects and spiders constitute a little more than 50 per cent of its food. The largest items of these are beetles, moths, and caterpillars, with ants and wasps. The animal food is all in the bird's favor except a few ladybird beetles. More than half of the vegetable food consists of mast, i. e., acorns and other nuts or large seeds. One-tenth of the food is grain, mostly waste corn. The nuthatch does no injury, so far as known, and much good.

Bullock's Oriole

Icterus bullocki

Length, about eight inches. Our only oriole with top of head and throat black and cheeks orange.

Range: Breeds from South Dakota, Nebraska, and Kansas to the Pacific ocean and from southern Canada to northern Mexico; winters in Mexico.

Habits and economic status: In the West this bird takes the place occupied in the East by the Baltimore oriole. In food, nesting habits, and

Bobolink

Dolichonyx oryzivorus

Length, about seven inches.

Range: Breeds from Ohio north-east to Nova Scotia, north to Manitoba, and northwest to British Columbia; winters in South America.

Habits and economic status: When American writers awoke to the beauty and attractiveness of our native birds, among the first to be enshrined in song and story was the bobolink. Few species show such striking contrasts in the color of the sexes, and few have songs more unique and whimsical. In its northern home the bird is loved for its beauty and its rich melody; in the South it earns deserved hatred by its destructiveness. Bobolinks reach the southeastern coast of the United States the last half of April just as

song the birds are similar. Both are migratory and remain on their summer range only some five or six months. They take kindly to orchards, gardens, and the vicinity of farm buildings and often live in villages and city parks. Their diet is largely made up of insects that infest orchards and gardens. When fruit trees are in bloom they are constantly busy among the blossoms and save many of them from destruction. In the food of Bullock's oriole beetles amount to 35 per cent and nearly all are harmful. Many of these are weevils, some of which live upon acorns and other nuts. Ants and wasps amount to 15 per cent of the diet. The black olive scale was found in 45 of the 162 stomachs examined. Caterpillars, with a few moths and pupae, are the largest item of food and amount to over 41 per cent. Among these were codling-moth larvae. The vegetable food is practically all fruit (19 per cent) and in cherry season consists largely of that fruit. Eating small fruits is the bird's worst trait, but it will do harm in this way only when very numerous.

The First Steam Engines.

The first known use of steam to drive a kind of steam engine was described by Hero of Alexandria, probably in the first or second century B. C. But the first real steam engines were those used at the end of the seventeenth and in the early eighteenth centuries for pumping water out of mines. Newcomer's engine was used in English mines about 1711.

Anatomy From Experience.

The former big league baseball manager, who had been canned because he team finished last as usual, was asked a civil service examination in order to secure a political job. He was amazed at the list of fool questions on the examination paper. He didn't know the distance from the earth to the moon, so he passed that one up. And he could not describe a yzyzy, so he called that test a loser. But the third question interested him. It said:

"Name the largest bone in the human frame."

And with a grin of confidence the former manager wrote this answer: "The head."—Cincinnati Enquirer.

It is said that laughter will cure indigestion; but the trouble is the man who has it doesn't feel like laughing.

One trial convinces—Hanford's Balsam. Adv.

Kansas has 854,679 male inhabitants.

Of Course Not!

A somewhat befuddled individual, who evidently had been lurching a trifle too freely, climbed on board the car with difficulty.

"What's the matter?" he asked, mildly, as he observed the conductor's impatience.

"Ain't this car the one I want?" "How do I know whether it is or not?" growled the conductor.

"Oh, you must have known it, or you wouldn't have stopped to let me catch it," said the befuddled one.

Best For Horses.

Give your horses good care and you will be doubly repaid by the better work they will do. For sores, galls and other external troubles apply Hanford's Balsam of Myrrh. Ranchmen, lumbermen and livermen recommend it. Adv.

How fortunate it is that the size of a man's body is no measure of the size of his heart.

There are 428,663 persons in Yokohama.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium or morphine. They are, in considerable quantities, deadly poisons. In any quantity, they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever. Genuine Castoria always bears the signature of Chas. H. Fletcher.

WINTERSMITH'S CHILL TONIC

Sold for 47 years. For Malaria, Chills and Fever. Also a Fine General Strengthening Tonic. 50c and \$1.00 at all Drug Stores.

DIFFERENT STRAIN OF BOYS

Little Story Shows Why It Is That Some Succeed in Life While Others Don't—"Make Good."

Two boys left home with just money enough to take them through college. They both did well at college, took their diplomas in due time, and got from members of the faculty letters to a large shipbuilding firm with which they desired employment. When the first boy was given an audience with the head of the firm, he presented his letters.

"What can you do?" asked the president.

"I should like some sort of a clerkship."

"Well, sir, I will take your name and address, and if we have anything of the kind I will write to you."

The other boy then presented himself and his papers.

"What can you do?" the president asked him.

"Anything that a green hand can do, sir," was the reply.

The president touched a bell that called a foreman, and the college graduate went to sorting scrap iron. A week passed, and the president, meeting the superintendent, asked, "How is the new man getting on?"

"Oh," said the superintendent, "he did his work so well that I put him over the gang."

In two years that young man was the head of a department, and on the way to a salary larger probably than his friend will ever earn.—Youth's companion.

Naturally.

"Mrs. Distingay, the society leader, has started a model dairy on her country estate."

"I suppose, then, she expects to get the cream of the trade."

The Way of It.

"Did you hear what a tip Jiggins got on the races the other day?"

"No; what was it?"

"His machine turned turtle on the track."

Kindly Explained.

He—Here Jones and I started in business together, and he has retired while I am still in harness.

She—But then Jones isn't a mule.

United States yearly produces \$20,000,000 worth of buttons.

Made since 1846—Hanford's Balsam. Adv.

Japanese in Seattle utilize ferns as food.

FOR THE BEST DESSERTS, CANDIES, ETC., USE THE BEST EXTRACT—

SAUER'S FLAVORING EXTRACTS

Win the GRAND PRIZE at the Panama Pacific Exposition; also 15 Other Highest Awards at Previous European and American Expositions for Purity, Strength and Fine Flavor

10c, 20c, 25c, 50c and \$1.00 Bottles—At Dealers Everywhere. Our Magazine, "TABLE TREATS" FREE on request. Largest Selling Brand in the U. S. C. F. SAUER COMPANY, RICHMOND, VA.

\$86 to \$104 Pays for Board, Tuition, Rent, Fuel and Light at PIEDMONT HIGH SCHOOL MID THE HILLS

Mineral water, no malaria. Mountain scenery. College trained experienced teachers. Board at cost. "It is the best and the cheapest school in the State."—E. M. Koonce, Member Legislature of N. C. "One of the best preparatory schools in the State."—Cleveland Star. "In my opinion there is no High School in this part of the country doing better and more thorough educational work."—E. Y. Webb, Member Congress, 9th District N. C. TERM OPENS AUGUST 8th For illustrated catalogue and book of views address WILLIAM BURNS, LAWDALE, N. C.

In the Suburbs.

"I hope you will have plain sailing with your new cook."

"From the way she handled the breakfast dishes the first morning, I am afraid there are breakers ahead."

Disappointed.

Bacon—Don't you think this is very disappointing weather?

Egbert—I certainly do. I see your hens over in our yard every day, and we haven't planted a seed yet.

Close Connection.

"Was that star course any good?"

"All moonshine."

For galls use Hanford's Balsam. Adv.

Army service is compulsory is Holland.

Summer Luncheons in a jiffy

Let Libby's splendid chefs relieve you of hot-weather cooking. Stock the pantry shelf with

Libby's Sliced Dried Beef

and the other good summer meals—including Libby's Vienna Sausage—you'll find them fresh and appetizing.

Libby, McNeill & Libby, Chicago

Libby's Sliced Dried Beef

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